

SERVICES WE PROVIDE:

Social/Emotional wellbeing

- Building positive peer, family, work or social relationships
- Locating and using special interest social groups/resources
- Liaison/consult with mental health professionals

Physical wellbeing

- Making healthy nutritional choices
- Developing an exercise plan for personal wellness
- Locating and using fitness and lifestyle resources

Lifestyle advisement

- Personal organization
- Financial planning and budgeting
- Decision-making risk management
- Social/recreational engagement

Education advisement

- Course selection and scheduling
- Testing and classroom accommodation plans
- Utilization of compensatory strategies

Employment advisement

- Career counseling and guidance
- Job searching and support
- Accommodation/training plans

Assessments

- Myers/Briggs Assessments Tools (career, personal)
- Self-Evaluation of Adult Knowledge and Skills (SEAKS)
- Life care plans
- qEEG brain mapping and Neurofeedback therapies

Specialized Individualized Plans

- Developed with client and family/comprehensive

Training and development

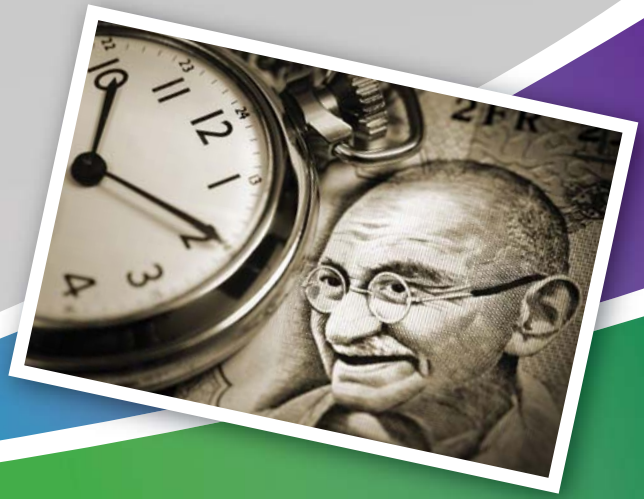
- Programs to certify in becoming a Theracoach
- Training for parents/employers/providers



Rob Crawford, M.Ed. Executive Theracoach
Board Certified Disability Analyst



Veronica Crawford, MA, Executive Theracoach
Board Certified Sr. Disability Analyst



PART is a highly specialized coaching service for individuals with LD, ADHD, High Functioning Autism Spectrum Disorders, Bi-Polar, and related co-morbid conditions.

PART provides a unique set of services for their clients through a process of different coaching strategies known as Theracoaching, a comprehensive practitioner technique developed in 1995 by Veronica Lieb-Crawford, founder of PART.

Our Theracoaches possess compassion, understanding, interest in and knowledge of the daily struggles, fears and anxieties that hold back capable individuals dealing with the emotional impact of living with these conditions.

The Theracoach recognizes the uniqueness of the individual first, helping them uncover their functional strengths, celebrate their triumphs, and develop their abilities.

Theracoaching helps the client uncover latent skills and talents, develop greater resilience in the face of uncertainties and leads them through a series of practical steps toward achieving their own INDIVIDUAL success.

PART's Theracoach-trained professionals offer various levels of service, and each practitioner is certified at different levels of competency based on their education, expertise and skill-set

We also offer Neurofield qEEG brain mapping, Neurofeedback therapies, MBTI Assessments, and comprehensive Career Assessments.

Other services are available upon request.

